

Parent Information Center on Special Education—Workshops

Workshops Focusing on Other Special Education Topics

Understanding Your Child's Learning Style —

Research shows that people learn in different ways. In this workshop, different learning styles and the theory of multiple intelligences are discussed. Participants will receive tools to help them identify a child's learning style and ways to support the child's learning.

Generally 2 hours

Understanding ADHD — This session provides basic information on Attention Deficit Hyperactivity Disorder (ADHD) and its impact on executive functioning. Participants will learn strategies that could be included in a child's IEP or 504 plan, as well as suggestions for parents and professionals on ways to support children who have ADHD in school. **Generally 2 hours**

Envisioning Your Child's Future — Through a fun, hands-on activity, workshop participants are encouraged to think about and prepare for their child's future. Participants have the opportunity to share ideas, resources and strategize with each other. This workshop can be combined with others or adapted for professionals. **Generally 1.5—2 hours**

Prescription for Homework Headaches — Participants will learn how they can become their child's learning coach rather than the homework police. This workshop includes organizational and other strategies to support a child's independence and make homework less of a headache. **Generally 2 hours**

Parent Information Center on Special Education—Training Series

VOLUNTEER ADVOCATES FOR SPECIAL EDUCATION

Training Program

PIC's VA Training Program is a free 11-week course for parents and others who want to gain the knowledge and skills to support parents of children with disabilities in the special education process. This training is offered twice each year at various locations across New Hampshire. Participants will learn:

1. **About the special education laws and process**
2. **How to work effectively with the IEP Team**
3. **Strategies to support children's success in school**
4. **Strategies to support other parents in the process**

BUILDING BLOCKS FOR LEARNING 3-Part Series

Research has shown that children's success in school is determined by multiple factors including how well children read and how involved parents are in their children's education. Participants will receive hands-on activities and ideas on how they can support children's learning. This series also provides participants with information on:

1. **Family Involvement**
2. **Effective study skills**
3. **Strategies and practices for homework help**
4. **How a child learns to read**

LIFE AFTER HIGH SCHOOL:

Youth, Families and Professionals Collaborating in IEP Transition Planning

This multi-session series includes sessions for youth, families and school/agency/community personnel to help them create meaningful transition plans and IEPs. This series can be customized to meet the needs of individual groups.



WORKSHOPS

Parent Information Center ON SPECIAL EDUCATION

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